

How safe is CBD?

CBD use has the potential to cause harm and result in unintended side effects.

These include:

- Drowsiness/Sleepiness
- Mood changes
- Diarrhea
- How other drugs you take work
- Decreased appetite
- Liver injury

**LEGAL
DOESN'T
EQUAL
SAFE**



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How safe is CBD?

Combining CBD with other substances carries risk.

Ingesting CBD with substances that slow brain activity, including alcohol and those used to treat anxiety, panic, stress, or sleep disorders, increases the risk of sedation and drowsiness, which can lead to injuries.

**LEGAL
DOESN'T
EQUAL
SAFE**



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How healthy is CBD?

Clinical studies on CBD are lacking.

CBD has not been clinically studied to the extent needed to prove its effectiveness in treating the numerous health issues many claim it can solve.

**LEGAL
DOESN'T
EQUAL
HEALTHY**



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How healthy is CBD?

**CBD is not a
universal cure
for all illness.**

Cannabis use in any form is not a replacement for consulting with a health care provider about treating a medical condition.

**LEGAL
DOESN'T
EQUAL
HEALTHY**



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Is CBD legal?

For CBD products to be legal, they must contain no more than 0.3% THC.

This threshold is often surpassed - FDA studies have shown inconsistency for both CBD and THC levels in numerous CBD products currently on the market.

**LEGAL
DOESN'T
EQUAL
COMPLETELY
LEGAL**



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