

# Northwestern | HEALTH PROFESSIONS ADVISING

## Pre-Med Coursework Plan: Common Direct Option (No Gap Year)

### 1<sup>st</sup> Year

Fall	Winter	Spring
Chem 110 <b>OR</b> Chem 151/161 <b>OR</b> Chem 171/181	Chem 131/141 <b>OR</b> Chem 152/162 <b>OR</b> Chem 172/182	Chem 132/142 (if applicable)
Math (if applicable)	Math (if applicable)	Biol Sci 201

Summer 1: \_\_\_\_\_

### 2<sup>nd</sup> Year

Fall	Winter	Spring
Chem 215-1 + lab 235-1 or Chem 217-1 + lab 237-1	Chem 215-2 + lab 235-2 or Chem 217-2 + lab 237-2	Chem 215-3 + lab (optional) or Chem 217-3 + lab 237-3
Biol Sci 202 + Biol Sci 232	Biol Sci 203 + Biol Sci 233	Biol Sci 301
		Biol Sci 234 (lab)

Summer 2: \_\_\_\_\_

### 3<sup>rd</sup> Year

Fall	Winter	Spring
Physics 130-1 or 135-1 + lab	Physics 130-2 or 135-2 + lab	Physics 130-3 or 135-3 + lab
	<b>Begin application &amp; Take MCAT</b>	

Summer 3: **Submit primary application (ideally by June 30)**

### 4<sup>th</sup> Year

Fall	Winter	Spring
<b>← Medical School Interviews →</b>		

Summer 4: \_\_\_\_\_

### Other, Flexible Requirements

- Full year of English or comparative literature (writing-intensive courses)
  - Weinberg First Year Writing Seminars may count
- Social and behavioral sciences (recommended by medical schools)
- Statistics (can include applied stats in the sciences and some social sciences)

## **Pre-Med Milestones**

- Intended Graduation: \_\_\_\_\_
- Intended MCAT Timing: \_\_\_\_\_
- Intended Application Cycle: \_\_\_\_\_

## **Additional Preparation**

- Personal Statement Workshop: \_\_\_\_\_
- Interview Preparation Workshop: \_\_\_\_\_
- Medical School Application Support Program: \_\_\_\_\_

## **Letters of Recommendation**

- Start to brainstorm who you might ask to write a letter for you:

Recommenders\*

- |    |    |
|----|----|
| 1) | 4) |
| 2) | 5) |
| 3) | 6) |

\*Note: \*Note: Each medical school has their own requirements regarding letters of recommendation, and you are responsible for knowing those requirements before applying. HPA advises planning to have letters from two science faculty, one non-science faculty, and a couple from significant experiences (such as research, volunteering, work experience, etc.)